Session 5

PICLY

Why and how do I

1. WHAT IS CHRISTIAN PRAYER?

Prayer is the most important activity of our lives.

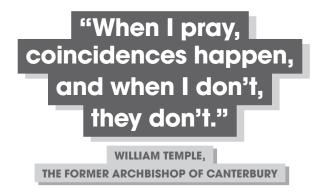
"For through [Jesus] we both have access to the Father by one Spirit." (Ephesians 2:18)

- To the Father
 - "... to your father" (Matthew 6:6)
 - "... in heaven" (v.9)
- Through the Son
 - "I have called you friends" (John 15:15)
- By the Spirit
 - "... the Spirit helps us" (Romans 8:26)

2. WHY PRAY?

- Develops a relationship with God
- Rewards of prayer (Matthew 6:6)
 - Presence of God
 - Peace (Philippians 4:6-7)
 - Perspective
 - Power

• Results of prayer (Matthew 7:7–11)					



3. DOES GOD ALWAYS ANSWER PRAYER?

- Yes—you receive what you prayed for, sometimes immediately.
- No—sometimes an obvious reason why not; other times we may not understand straight away why the answer is no.
- Wait-for the right timing.

4. HOW DO WE PRAY?

· Illalik y	ou—count your blessings, not your problems.
• Sorry—	confess your sins (John 13:6–10).
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5. WHEN SHOULD WE PRAY?

- · Anywhere, anytime
 - (Ephesians 6:18)
- · Alone (Matthew 6:6)
 - Regular pattern
 - Best part of the day (Mark 1:35)
- · With others
 - There's power in praying together
 - "Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven."
 (Matthew 18:19)

Three simple tips:

- Keep it real
- · Keep it simple
- · Keep it going

RECOMMENDED READING

God on Mute Pete Greig
What About Other Religions? Nicky Gumbel