

"Seek the things that are above," Col 3:2)

Our culture has become so focused on material, waste, pleasures and consumerism. How can I imitate Jesus' ascension week?

Pray for the spirit of detachment... Pray to rise from the sin of greed, earthly ambitions.

Think of the beauty of rising and being united with Jesus, Mary and the saints.

Mary, please teach me to detach myself from earthly pleasures. Come Holy Spirit!

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