

# CATHOLICISM 101

WEEKLY ASSIGNMENT / PRAYERS / DISCUSSION QUESTIONS

## ASSIGNMENT 17

Click “Watch” and “Read” links for assignment content

### -WATCH-

“Echo” Episode 17

### -REFLECT / PRAY-

What does it mean to say that the Eucharist is a participation in the life of Heaven?

What part of Mass do you find most meaningful? Why?

### -READ-

USCCA Chapter 17

### -DISCUSS-

What place does the Eucharist have in your spiritual life?

What do you understand the “Real Presence” to mean? Why is this teaching important?

What are some ways you can prepare yourself to receive the Eucharist?

What is the significance of “receiving” Jesus in the Eucharist versus “taking”?

What kind of message do you think Christ is sending to us by appearing to us as bread and wine?

What helps you to be aware that Christ is truly present in the Eucharist?

How can you offer yourself back to Christ?

How is the Mass both a sacrifice and a holy meal at the same time? How do both aspects of the Mass serve as the source and summit of the Christian life?

What does Christ’s Real Presence in the Eucharist teach us about Jesus’ love for us? In what ways can you better appreciate the Real Presence of Christ in the Eucharist in our daily lives?

Reflect on the following passage from Vatican II:

[T]he laity, dedicated to Christ and anointed by the Holy Spirit, are marvelously called and wonderfully prepared so that ever more abundant fruits of the Spirit may be produced in them. For all their works, prayers and apostolic endeavors, their ordinary married and family life, their daily occupations, their physical and mental relaxation, if carried out in the Spirit, and even the hardships of life, if patiently borne—all these become “spiritual sacrifices acceptable to God through Jesus Christ”. Together with the offering of the Lord’s body, they are most fittingly offered in the celebration of the Eucharist. Thus, as those everywhere who adore in holy activity, the laity consecrate the world itself to God.

—Lumen Gentium, 34

Do you truly offer your entire life as a spiritual sacrifice when you attend Mass? Is the Eucharist truly the source and summit of your Christian life?

### -PRAY-

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

### -QUESTIONS?-

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