

CATHOLICISM 101

WEEKLY ASSIGNMENT / PRAYERS / DISCUSSION QUESTIONS

ASSIGNMENT 27

Click "Watch" and "Read" links for assignment content

-WATCH-

"Echo" Episode 27

-REFLECT / PRAY-

How do you keep the Lord's Day?
How can we renew our joy in and commitment to the risen Christ?

-READ-

USCCA Chapter 27

-DISCUSS-

Why does the Mass matter?

What are some obstacles to attending Mass regularly? What can be done to overcome them?

What does your typical Sunday look like? How do you and your family make Sunday special? How can you bring a greater reverence of the Holy day into your Sunday life?

What does the Eucharist mean to you? Are you looking forward to receiving Jesus in the Eucharist? How can you prepare for that day?
What are some ways you can prepare for Mass? How can you take the Mass with you into your family, workplace, and social situations?

Read and reflect on the following quote from St. John Chrysostom, quoted by the Catechism of the Catholic Church:

"You cannot pray at home as at church, where there is a great multitude, where exclamations are cried out to God as from one great heart, and where there is something more: the union of minds, the accord of souls, the bond of charity, the prayers of the priests." (2666)

Why do you think that God, through the Church, obliges the faithful to attend Mass every Sunday rather than simply spending personal time in prayer at home?

As the Catechism illustrates, true leisure is more than just an absence of work; it is a time to "cultivate familial, cultural, social, and religious lives" (CCC 2184).

Why do you think that spending time on these things is so important for Christians?

Prayer, leisure, and service are to be the foundation of the Christian's practice of keeping the Lord's Day. Other than Mass attendance, what is one thing you can do to ensure that Sunday is different than the rest of the week?

-PRAY-

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

-QUESTIONS?-

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HOLY REDEEMER CHURCH

Love God. Love People. Make Disciples.

